Governor's Commission on Suicide Prevention – Meeting September 21, 2018 • 1:00 P.M. – 3:00 P.M.

Governor's Coordinating Office, 100 Community Place, Crownsville

Commission Members Present:

Janel Cubbage Behavioral Health Administration
Adelaide Eckardt Member of the Maryland Senate
Dana Stacey Burl Department of Veterans Affairs

Michael Ito Department of Juvenile Service Secretary

Jennilyn Babcock Landbeck Family Member

Eric Luedtke Member of House of Delegates

Jennifer McMahan Department of Health

Deborah Nelson Maryland Department of Education

Randall Nero, PHD Department of Public Safety and Correctional Services

Kirsten Robb-McGrath Maryland Department of Disabilities
Robert Tousey, MBA, JD Chair & Faith-based Community
Jennifer Treger Mental Health Association of Maryland

Jari Villanueva Veteran

Holly Wilcox Academic Community

Commission Members on Phone:

Amanda Celentano Department of Aging Shenetta Malkia-Sapp Commissioner

William Powell National Organization for People of Color Against Suicide

Maryland Department of Health (MDH) Staff:

Kimberly Hiner Office of Minority Health and Health Disparities

(Commission Staff)

Monica Davis

Office of Minority Health and Health Disparities (Intern)

Brendan Day

Office of Minority Health and Health Disparities (Intern)

Members of the Public:

David Hondowicz

Jennifer Herrera

Lawrence Reid

LC Van Waveren

Steve Hunter Smith

Maura Dwyer

Welcome and Introductions:

Commission Chairman Tousey welcomed all attendees to the Commission meeting. All meeting attendees, both in person an on the phone, introduced themselves.

Approval of Minutes:

Minutes approved for July 16, 2018.

Executive Order Update:

The Commission's Executive Order is with the Governor for his final review and consideration for signing. The addition of Commission seats and modernization of language were the primary amendments to the Executive Order.

Bylaws Update:

Commissioners have sent the draft bylaws to the Assistant Attorney Generals for their review and comment. The Commission chair and staff will be reviewing and present a final version at the November meeting for a vote.

Annual Suicide Prevention Conference Update:

Commissioner Cubbage stated that conference registration is now closed for the 2018 Conference. Next year the Conference Planning Committee is looking to expand the conference to two days.

Out of the Darkness Walk:

The Commission will be represented at the Baltimore Out of the Darkness Walk and all Commissioners are encouraged to participate.

2019 Proposed Commission Meetings:

Commission staff are proposing that the Commission 2019 meetings be changed to Wednesdays. Commissioners were asked if there was any opposition to changing the week day. None were opposed and agreed to check calendars and notify staff if any major conflicts.

Legislative Citation to Chairman Tousey:

The Honorable Adelaide Eckardt and the Honorable Eric Luedtke presented Chairman Tousey with a Legislative Citation in honor and appreciation of his service as Chair to the Commission.

Suicide Prevention Month Education Presentations:

<u>Corders</u> by Commissioner Holly C. Wilcox, PhD, Associate Professor, Department of Mental Health, Johns Hopkins Bloomberg School of Public Health

Commissioner Wilcox addressed the new law that will take effect on October 1, 2018 that authorized law enforcement, clinicians, and family members to petition the court to request that individuals who are behaving dangerously and at risk for committee harm to themselves or others be temporarily prohibited from purchasing and possessing guns. She also presented the findings of a new study on Connecticut's Risk-Based Warrants.

Role of Trauma and Suicide Risk by Lynn Davis, Director, Child Advocacy Center of Frederick County

Ms. Davis presented "The Brain Behind the Behavior" on understanding how adversity in childhood increases the risk of suicide. Adverse Childhood Experiences (ACEs) were discussed including the findings of new research that identifies poverty, social isolation, community violence, bullying, and parental verbal aggresses as ACEs. The effects of ACEs and suicide were discussed with suggestions for prevention efforts.

Maryland Child Fatality Review Team by Lawrence Reid, PhD, MPH, Director, Office of Maternal and Child Health Epidemiology, Maternal and Child Health Bureau, Prevention and Health Promotion Administration, MDH and Jennifer Herrera, Health Policy Analyst, Maternal and Child Health Bureau, Prevention and Health Promotion Administration, MDH

The Child Fatality Review Team presented data and trends from Office of the Chief Medical Examiner and suicides, by county, for the state of Maryland. The Team presented some suggestions for recommended actions for the Commission to consider.

Universal Precautions to Reduce Suicide Risk was presented by Commissioner Stephen B. Goldberg, MD, President, Stephen B. Goldberg, MD LLC

Commissioner Goldberg opened the presentation with introducing how the AIDS epidemic was responded to using universal precautions and how universal precautions are used today. Data on suicide rates were presented to highlight the need to identify high risk populations and an approach to intervene. Commissioner Goldberg recommended that the Commission launch the first universal precautions to reduce suicide risk initiative.

The meeting was adjourned at 3:00 p.m.